

HELLO SPRING		APRIL 2024					April						
SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
<div>Butterflies</div> <div>Noon - 1pm Jazzercise extra cost applies</div> <div>2-245 pm Hydro Fit w/Sandy</div> <div>Rain boots</div>		<div>9-10 am SS Chair Yoga W/Sandy @ the Senior Center</div> <div>9:30-10:10 am SS Circuit W/ JoAnn</div> <div>10:15am - 11:00am SS Dance Moves w/Sandy @ the Senior Center</div> <div>10:30-11:15 am Deep Water Cardio W/ JoAnn</div> <div>4:15-5 pm Yoga W/Janice</div> <div>5:30-6:30 pm Jazzercise extra cost applies</div>		<div>9-9:45 am SS Classic Plus W/Sandy @ the Senior Center</div> <div>10:30-11:15 am SS Shallow Splash W/Sandy</div> <div>11:45-12:30 pm Hydro Fit W/Sandy</div> <div>1:00pm-1:45pm SS Stability & Flexibility w/Robin (@ the Senior Center)</div> <div>5:30-6:30 pm Jazzercise extra cost applies</div> <div>7-7:55 pm Yoga W/ Orva</div>		<div>9-10 am SS Chair Yoga W/Sandy @ the Senior Center</div> <div>9:30-10:10 am SS Circuit W/ JoAnn</div> <div>10:30-11:15 am Deep Water Cardio W/ JoAnn</div> <div>5:30-6:30 pm Jazzercise extra cost applies</div> <div>Flowers</div>		<div>9-9:45 am SS Classic Plus W/Sandy @ the Senior Center</div> <div>10:30-11:15 am SS Shallow Splash W/Sandy</div> <div>11:45-12:30 pm Hydro Fit W/Sandy</div> <div>1:00pm - 1:45pm SS Yoga w/Robin (@ the Senior Center)</div> <div>5:30-6:30 pm Jazzercise extra cost applies</div> <div>6-6:45 pm Shallow Water W/Steph</div> <div>7-7:55 pm Yoga W/ Janice</div>		<div>9:30am - 10:10am SS Circuit with JoAnn (Rec Community Room)</div> <div>10am - 10:45am SS EnerCHI w/Robin @ Senior Center</div> <div>10:30 - 11:15am Deep Water Cardio w/ JoAnn</div> <div>*New Class Time* Noon-1pm Jazzercise extra cost applies</div> <div>Umbrella</div>		<div>9-10 am Jazzercise extra cost applies</div> <div>10:30-11:25 am Yoga W/ Janice</div> <div>11-11:45 am Shallow Water W/Steph</div>	