



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10am - 11am	8:15am - 9am	9-9:45 am	8:15am - 9am	9-9:45 am	8:15am - 9am	9-10 am
Jazzercise	SS Circuit w/ JoAnn	SS Classic Plus W/Sandy @	SS Circuit w/JoAnn	SS Classic Plus	SS Circuit w/JoAnn	Jazzercise
extra cost applies	35 Circuit Wi joi till	the Senior Center		W/Sandy @ the Senior		extra cost applie
extra cost applies	9-10 am	10:30-11:15 am	9-10 am	Center	9:30am - 10:10am	
2 245 nm	SS Chair Yoga	SS Shallow Splash W/Sandy	SS Chair Yoga W/Sandy	10:30-11:15 am	SS Circuit with JoAnn	10:30-11:25 ar
2-245 pm	W/Sandy @ the		@ the Senior Center	SS Shallow Splash		Yoga W/ Janice
Hydro Fit w/Sandy	Senior Center	11:45-12:30 pm		W/Sandy	10am - 10:45am	0 3
	9:30-10:10 am	Hydro Fit W/Sandy	9:30-10:10 am		SS EnerCHI w/Robin	11-11:45 am
	SS Circuit W/ JoAnn	1:00pm-1:45pm	SS Circuit W/ JoAnn	11:45-12:30 pm	@ Senior Center	Shallow Water
	40:45a 44:00a	SS Stability & Flexibility	,	Hydro Fit W/Sandy	10:30am - 11:15am	
	10:15am - 11:00am SS Dance Moves	w/Robin	10:30-11:15 am		Deep Water Cardio	W/Steph
	w/Sandy	@ the Senior Center	Deep Water Cardio	4.00	w/ JoAnn	
	@ the Senior Center	5:30-6:30 pm	W/ JoAnn	1:00pm - 2pm	Wy SO/WIII	
96,		Jazzercise	VV7 JO7 (I II I	SS Yoga w/Robin (@ the Senior Center)	Noon-1pm	•
	10:30-11:15 am	extra cost applies	5:30-6:30 pm	(e the semior center)	Jazzercise	
	Deep Water Cardio W/ JoAnn		Jazzercise	5:30-6:30 pm	extra cost applies	
	W/ JOAIII	6-6:45 pm	extra cost applies	Jazzercise		
	4:15-5 pm	Shallow Water Aqua Extreme W/Steph		extra cost applies		/人 / 人
	Yoga W/Janice	, , , , , , , , , , , , , , , , , , ,		C C 4 F		
	5:30-6:30 pm	6:15pm - 7pm		6-6:45 pm		
	Jazzercise -extra cost applies	SS Yoga w/Dale		Shallow Water Aqua Extreme W/Steph		
	C.20 7.22	@ the Senior Center		VV/Stepii		
	6:30pm - 7:30pm Latin Dancercise w/Michelle	7-7:55 pm	A / \ / \ 0	7-7:55 pm		
	@ the Senior Center	Yoga W/ Orva		Yoga W/ Janice		
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SS* Silver Sneakers

For more information go www.brooklynrec.com, call 216-351-5334, or e-mail us at recinfo@brooklynohio.gov **ALL CLASSES ARE SUBJECT TO CANCELATION** *If no SS or a Non Member - Classes are \$2 walk-in

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