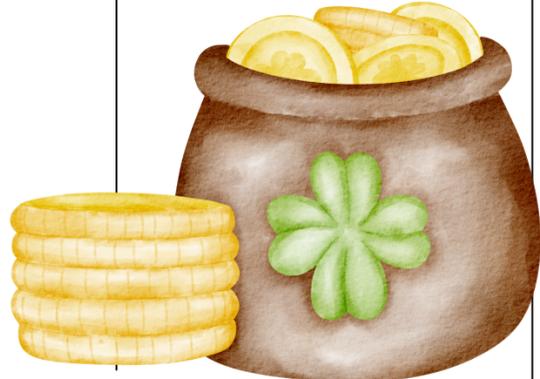




# MARCH 2026 FITNESS SCHEDULE

# March

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Noon -1pm Jazzercise extra cost applies</b></p> 	<p><b>8:15am - 9am SS Circuit w/ JoAnn</b></p> <p><b>9-10 am SS Chair Yoga W/Sandy @ the Senior Center</b></p> <p><b>9:30-10:10 am SS Circuit W/ JoAnn</b></p> <p><b>10:15am - 11:00am SS Dance Moves w/Sandy @ the Senior Center</b></p> <p><b>4:15-5 pm Yoga W/Janice</b></p> <p><b>5:30-6:30 pm Jazzercise -extra cost applies</b></p>	<p><b>9-9:45 am SS Classic Plus W/Sandy @ the Senior Center</b></p> <p><b>2:00pm-2:45pm SS Stability &amp; Strength w/JoAnn @ the Senior Center</b></p> <p><b>5:30-6:30 pm Jazzercise extra cost applies</b></p> <p><b>6pm - 6:45pm SS Yoga w/JoAnn @ the Senior Center</b></p> <p><b>7-7:55 pm Yoga w/ Orva</b></p>	<p><b>8:15am - 9am SS Circuit w/JoAnn</b></p> <p><b>9-10 am SS Chair Yoga W/Sandy @ the Senior Center</b></p> <p><b>9:30-10:10 am SS Circuit W/ JoAnn</b></p> <p><b>5:30-6:30 pm Jazzercise extra cost applies</b></p> 	<p><b>9-9:45 am SS Classic Plus w/Sandy @ the Senior Center</b></p> <p><b>1:00pm - 1:45pm SS Yoga w/JoAnn (@ the Senior Center)</b></p> <p><b>5:30-6:30 pm Jazzercise extra cost applies</b></p> <p><b>7-7:55 pm Yoga w/ Janice</b></p>	<p><b>8:15am - 9am SS Circuit w/JoAnn</b></p> <p><b>9:30am - 10:10am SS Circuit with JoAnn</b></p> <p><b>10am - 10:45am SS Classic w/Robin @ Senior Center</b></p> <p><b>Noon-1pm Jazzercise extra cost applies</b></p> <p><b>1:00pm - 1:55pm SS EnerChi w/Marie @ Senior Center</b></p>	<p><b>9-10 am Jazzercise extra cost applies</b></p> <p><b>10:30-11:25 am Yoga w/ Janice</b></p> 

**SS\* Silver Sneakers**

For more information go [www.brooklynrec.com](http://www.brooklynrec.com), call 216-351-5334, or e-mail us at [recinfo@brooklynohio.gov](mailto:recinfo@brooklynohio.gov)

**\*If no SS or a Non Member - Classes are \$2 walk-in**

**ALL CLASSES ARE SUBJECT TO CANCELATION**



All other classes (with no membership) are priced as follows: Resident: \$4 Partnership \$5 Non Resident \$6

A \$5 i.d. card is required