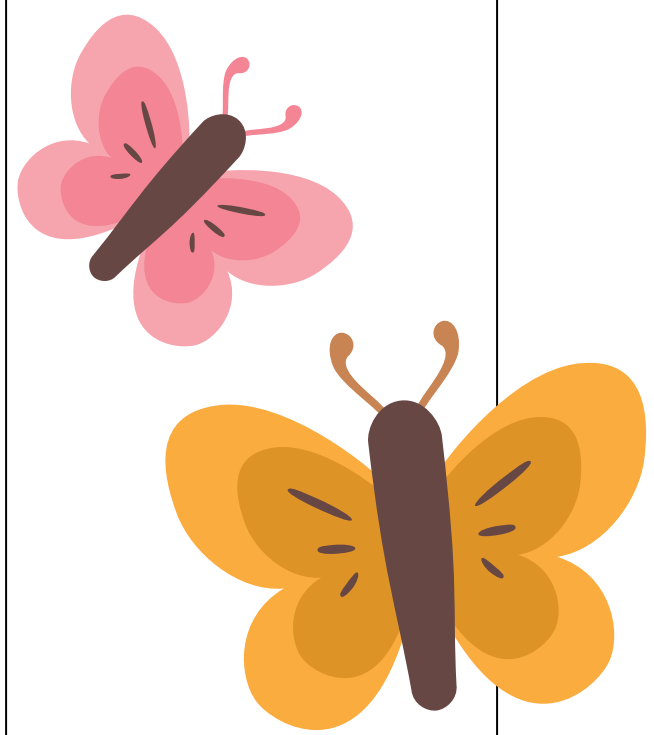
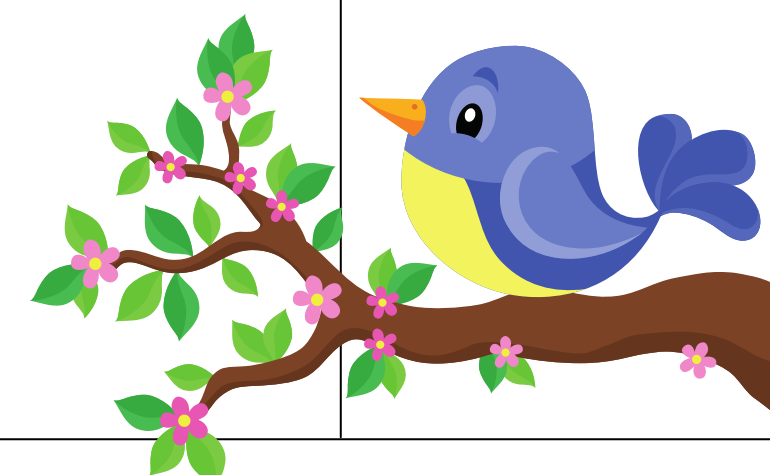
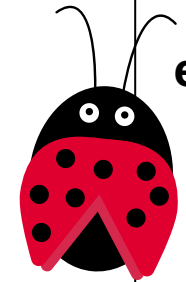


MAY 2026 FITNESS SCHEDULE



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Noon -1pm Jazzercise extra cost applies</p>	<p>8:15am - 9am SS Circuit w/ JoAnn</p> <p>9-10 am SS Chair Yoga W/Sandy @ the Senior Center</p> <p>9:30-10:10 am SS Circuit W/ JoAnn</p> <p>10:15am - 11:00am SS Dance Moves w/Sandy @ the Senior Center</p> <p>4:15-5 pm Yoga W/Janice</p> <p>5:30-6:30 pm Jazzercise -extra cost applies</p>	<p>9-9:45 am SS Classic Plus W/Sandy @ the Senior Center</p> <p>2:00pm-2:45pm SS Stability & Strength w/JoAnn @ the Senior Center</p> <p>5:30-6:30 pm Jazzercise extra cost applies</p> <p>6pm - 6:45pm SS Yoga w/Dale @ the Senior Center</p> <p>7-7:55 pm Yoga w/ Orva</p>	<p>8:15am - 9am SS Circuit w/JoAnn</p> <p>9-10 am SS Chair Yoga W/Sandy @ the Senior Center</p> <p>9:30-10:10 am SS Circuit W/ JoAnn</p> <p>5:30-6:30 pm Jazzercise extra cost applies</p>	<p>9-9:45 am SS Classic Plus w/Sandy @ the Senior Center</p> <p>1:00pm - 1:45pm SS Yoga w/Dale (@ the Senior Center)</p> <p>5:30-6:30 pm Jazzercise extra cost applies</p> <p>7-7:55 pm Yoga w/ Janice</p>	<p>8:15am - 9am SS Circuit w/JoAnn</p> <p>9:30am - 10:10am SS Circuit with JoAnn</p> <p>10am - 10:45am SS Classic w/Robin @ Senior Center</p> <p>Noon-1pm Jazzercise extra cost applies</p> <p>1:00pm - 1:55pm SS EnerChi w/Marie @ Senior Center</p>	<p>9-10 am Jazzercise extra cost applies</p> <p>10:30-11:25 am Yoga w/ Janice</p>

SS* Silver Sneakers

For more information go www.brooklynrec.com, call 216-351-5334, or e-mail us at recinfo@brooklynohio.gov

***If no SS or a Non Member - Classes are \$2 walk-in**

ALL CLASSES ARE SUBJECT TO CANCELATION



All other classes (with no membership) are priced as follows: Resident: \$4 Partnership \$5 Non Resident \$6

A \$5 i.d. card is required